

# DISTRICT GRAND ROYAL ARCH CHAPTER OF DOWN

DISTRICT GRAND KING  
*M.E.Comp. Neil A. Coey*

DISTRICT DEPUTY GRAND KING  
*R.E.Comp. Alan Ferris*

DISTRICT GRAND TREASURER  
*R.E.Comp. Cecil J.E.M Wilson*



DISTRICT ASSISTANT GRAND KING  
*R.E.Comp. Roy J.F. Humphries*

DISTRICT GRAND REGISTRAR  
*R.E.Comp. Terence A. Luney*

**Galwally House, Drumkeen Court, Upper Galwally, Belfast, BT8 6TB**

**Tel: 028 9064 1007 – Email: [office@dgracdown.org.uk](mailto:office@dgracdown.org.uk)**

**Website: [www.dgracdown.org.uk](http://www.dgracdown.org.uk)**

To All Registrars,

These are challenging times for us all, with self-isolation, social distancing, and the inability for Companions to meet at their regular Chapter meetings and Festive Boards.

We are all facing a huge range of issues; Worries, frustrations and concerns have been building up, so it is important to reach out if we need help or are struggling during this time.

The coronavirus has changed life completely and it is difficult to remember what things were like before the pandemic. Many of you may be finding it difficult to navigate through these unprecedented times.

District Grand Chapter is determined that Companions get the assistance they require by ensuring they are aware of contact numbers which can provide support. It is vitally important that each individual Companion is aware that help is available.

Aware NI, exists to support everyone and can help with whatever struggles we may be facing, whether that is mental or physical health, wellbeing, bereavement, or any other challenges.

Aware NI can be contacted by:

Tel: 07548530931

Tel: 07340488254

Email: [info@aware-ni.org](mailto:info@aware-ni.org)

(The landline for Aware NI is not active at present as their office is closed, hence the two mobile numbers)

Other useful contact numbers are:

In Crisis: call Lifeline on 0808 808 8000 or The Samaritans on 116123

As we all continue to find our way into a new normal, our key focus is looking out for, and supporting each other by also keeping regular contact.

Trusting you and your families stay safe and well.

Yours sincerely and fraternally

Neil A Coey

District Grand King

**A REMINDER TO ALL COMPANIONS – MANY OF THE FORMS YOU NEED CAN BE DOWNLOADED FROM THE WEB PAGE  
(UNDER CURRENT HEADING & FORMS TAB)**

**If you have an old favorites' button and get the old Web-Page, then hit the refresh button, it should redirect you.**